

AP Psychology Summer Reading Assignment

As a part of the AP Psychology course you are required to read a psychology related book and do a summary (minimum 2 pages) and reflection (minimum 2 pages). You are to take rough handwritten outline notes as you read the book and attach them to your papers. You may also read a second book (as indicated) for extra credit – Extra credit is not available during the regular year.

1. Choose any book from the list below.
2. Check to see if the book listed below is available in a library before buying them.
3. Refer to the instructions for directions.

READING LIST

The Game of School: Why We All Play It, How It Hurts Kids, and What it Will take to Change It (2005) – Robert L Fried (**extra credit if done as a second book**)

The 48 Laws of Power – Robert Greene

A General Theory of Love – Thomas Lewis, Fari Amini, and Richard Lannon

A Tribe Apart: A Journey into the Heart of American Adolescence – Patricia Hersch

A User's Guide to the Brain: Perception, Attention, and the Four Theaters of the Brain – John J. Ratey

Awakenings – Oliver Sacks

The Beast in the Nursery – Adam Phillips

Being Real: An Ongoing Decision – Bruce Scott

Best Friends, Worst Enemies – Michael Thompson, Ph.D. and Catherine O'Neill-Grace

Between Emotion and Cognition – Joseph Newirth

Beyond Crazy – Journeys Through Mental Illness – Julia Nines

Beyond the Trauma Vortex: The Media's Role in healing Fear, Terror, and Violence – Gina Ross

The Bipolar Child – Demetri Papolos, MD

Body, Breath, and Consciousness – Ian Macnaughton ed.

The Body has a Mind of its Own – Sandra Blakeslee

The Body Project – Joan Jacobs Brumberg (extra credit if done as a second book)

The Burn Journals – Brent Runyon

Children with Emerald Eyes – Mira Rothenberg

Competent Christian Counseling, Volume 1 – Timothy Clinton and George Ohlschlager eds.

Crazy Busy – Edward Hallowell (**extra credit if done as a second book**)

Crazy Like Us: The Globalization of the American Psyche (2010) – Ethan Watters

Deep Play – Diane Ackerman

Delivered from Distraction – Edward M. Hollowell

Emotional Alchemy – Tara Bennett-Goleman

Every Word Has Power – Yvonne Oswald

Exuberance: The Passion for Life – Kay Redfield Jamison

Family Estrangements – Barbara leBey

Fasting Girls: The History of Anorexia Nerviosa – Joan Jacobs Brumberg

The Female Brain – Louann Brizendine

Fidget to Focus – Roland Rotz (**extra credit if done as a second book**)

Foundations of Sport and Exercise Psychology – Robert S. Weinberg

The Good Teen: Rescuing Adolescence from the Myths of the Storm and Stress Years – Richard M. Lerner, PHD
Girls Gone Mild: Young Women Reclaim Self-respect and Find It's Not Bad to Be Good – Wendy Shalit
He's a Stud, She's a Slut, and 49 Other Double Standards Every Woman Should Know – Jessica Valenti
Hermanos y Hermanas – Marcel Rufo
The Highly Sensitive Person's Workbook – Elaine Aron
Home from the War: Learning from Vietnam – Robert Jay Lifton
How We Decide (2009) – Jonah Lehrer
Learned Optimism: How to change your Life and Your Mind – Martin E. Seligman
The Lucifer Effect: Understanding how Good People Turn Evil – Philip Zimbardo
Manufacturing Depression: The Secret History of a Modern Disease (2010) – Gary Greenberg
Mind to Mind: Infant Research, Neuroscience, and Psychoanalysis – Elliott Jurist
Musicophilia – Oliver Sacks
Of Two Minds: An Anthropologist Looks at American Psychiatry – TM Luhrmann
On Becoming an Artist – Ellen J. Langer
Personality Type – Lenore Thompson
Playing at Being Bad – Michael Ungar
Poe's Heart and the Mountain Climber – Richard Restak
The Powers to Lead – Joseph S. Nye
Predictably Irrational: Hidden Forces that Shape Our Decisions – Dan Ariely (extra credit if done as a second book)
Queen Bees and Wannabes – Rosalind Wiseman
Recovering Sanity – Dr. Edward Podvoll
Romancing the Shadow – Connie Zweig
Sensation and Perception – Bruce Goldstein
Sickened – Julie Gregory
The Sociopath Next Door – Martha Stout, Ph.D.
The Stuff of Thought: Language as a Window into Human Nature – Steven Pinker
Stumbling on Happiness – Daniel Gilbert
Sway: The Irresistible Pull of Irrational Behavior – Ori and Rom Brafman
Switching Time – Richard Baer
The Symptom is Not the Whole Story: Psychoanalysis for Non-Psychoanalysts – Daniel Araoz
The Tipping Point: How Little Things Can Make a Big Difference – Malcolm Gladwell
The Verbally Abusive Relationship: How to Recognize it and How to Respond – Patricia Evans (extra credit if done as a second book)
Willow Weep for Me: A Black Woman's Journey Through Depression – Meri Nana-Ama Danquah
The Wise Heart: A Guide to the Universal Teachings of Buddhist Psychology – Jack Kornfield
The Wisdom of Oz – Gita Morena
Within Reason: Rationality and Human Behavior – Donald Caine
Your Brain on Cubs: Inside the heads of Players and Fans – Dan Gordon

You may also choose to read any book on a psychological issue published since 2000.

Book Report Instructions

Each book report (75 points) should be approximately 1200-1500 words in length, word processed (double spaced, 12 pt font – Arial or Times New Roman, 1” margins), and should include the following:

1. A basic bibliographical citation --- author, title, place and date of publication at the top of the first (title) page.
2. A brief identification of the AUTHOR(S), which might include answers to the following: When/where born? Where/how educated? Special expertise or qualifications to write about this subject? Present position?
3. A SUMMARY of the book's contents and a description of its general scope and nature; also a brief identification of the book's major themes, content and conclusion. Points covered might include:
 - a) Subject matter covered
 - b) Author's purpose: what is he/she trying to do?
 - c) Period of time covered?
 - d) Topics/issues emphasized?
 - e) Supporting evidence presented
 - f) Organization?
 - g) Is the book historical/practical/informational/medical/biographical?
 - h) What did the book teach you about life, the mind, relationships?
4. A CRITICAL EVALUATION, which might include:
 - a) Strengths or weaknesses of the book?
 - b) Were the sources presented by the author primary or secondary?
 - c) Was the author balanced, objective or biased?
 - d) Charts/illustrations used?
 - e) Literary style?
5. Reading notes (preferably in Cornell style) are to be stapled to the back of the report. Notes need not be typed.

PART II - Psychology Current Issues Journal

60 points possible – 6 entries at 10 points each

Each student is required to keep a journal (80-100 page spiral notebook – you may choose to keep a small binder into which you will place printed entries) of their individual study of current issues relating to psychology. You will make a minimum of one entry per week from different sources (each should be approximately a page in length – one sided (if your ink bleeds through to the other side), black or blue ink only - legible). Personal heading is to be written on the inside of the front cover. Each entry will consist of a source citation in APA format, a summary of the article, and a reflection on the article including what you learned and what you question (and why). Check the Psychology Today website, the American Psychological Association (APA) website, and your favorite newspapers and magazines for topics of interest.

Assignment due date

All written components are due the first day of class.

Point deductions will be deducted for lateness at a rate of 20% per day.

Have a great summer!